

**American Red Cross
Lifeguard Training Course
Camp Manatawny
33 Camp Road, Douglassville, PA 19518**

June 23 – 27, 2008

9 a.m. - 4 p.m. daily (Schedule may be subject to change due to camp schedule and weather)

Course Prerequisites:

- These skills must be successfully completed to enter the course.
- Participant must be at least 15 years old.
- Swim 500 yards continuously using each of the following strokes: at least 200 yards of front crawl followed by 100 yards of breaststroke. The remaining 200 yards may be either front crawl or breaststroke.
- 20 yard swim using front crawl or breaststroke, surface dive to a depth of 7-10 feet and retrieve a 10 pound diving brick to the surface.

Registration Fee: \$150.00 made payable to Coventry Christian Schools is due with registration. This fee includes the cost for Lifeguard/First Aid certification and CPR for the Professional Rescuer certification. The fee to challenge out on CPR/FPR is \$25.00.

Class size will be limited. Registration deadline is June 15th.

The Registration Fee must accompany the returned Registration Form. Please make checks payable to "Coventry Christian Schools".

**Send Fee and Form to: Mark E. Niehls
316 Laurelwood Drive
Douglassville, PA 19518-1010**

Please do not hesitate to call with questions or concerns at 610-385-4548 or 484-769-6839.

Lifeguard Training Registration Form:

Name: _____ **Date of Birth:** _____

Address: _____ **Soc. Sec. Number:** _____

_____ **Phone:** (____) _____